



**TEERTHANKER MAHAVEER UNIVERSITY**  
**TMIMT COLLEGE OF PHYSICAL EDUCATION**  
Delhi Road, Moradabad- 244001 (UP)

TMU/CPE/2023/

Date: - 15.07.2023

**Minutes of BOS Meeting**

**Date:** 15<sup>th</sup> July, 2023

**Time:** 10:30 am. Onwards

**Venue:** Office of the Principal, TMIMT CPE

**Members of Board of Study:**

- |  |             |
|--|-------------|
| 1. Prof. Manu Mishra                                 | Chairperson |
| 2. Dr. Madhusudan Chakraborty, (Associate Professor) | Member      |

**Two Expert nominated by vice chancellor**

- |   |        |
|---|--------|
| 3. Prof. Vikram Dabas<br>Department of Physical Education<br>Banaras Hindu University, Varanasi, UP | Member |
| 4. Dr. Amar Kumar Rai,<br>LNIPE, Gwalior, MP  | Member |

**Two assistant professors by rotation for the period of Two Years**

- |                         |        |
|-------------------------|--------|
| 5. Mr. Unmesh Utthasani | Member |
| 6. Dr. Yogendra Sharma  | Member |

**One Professor, Associate university department that the college principal has nominated**

- |   |        |
|---|--------|
| 7. Prof. Rashmi Mahrotra, Principal College of Education, TMU | Member |
|---|--------|

The Meeting started with the formal welcome by the BOS Chairperson

**Agenda points and resolution thereafter**

1. Approval of the Study & Evaluation Scheme of B.P.Ed & M.P.Ed. Programme to be implemented from the session 2023-24.

The Chairperson presented the B.P.Ed & M.P.Ed. Programs syllabi to BOS members and there is no changes required so they unanimously approve to continue the same.

2. Approval of the Study & Evaluation Scheme of B.P.E.S. Programme to be implemented from the session 2023-24.

### B.P.E.S. syllabi,

The Chairperson presented the Bachelor of Physical Education and Sports Sciences courses to BOS members.

**Table - 1**

Sr. No.	Name & Code of the courses added	Name & Code of the courses deleted	Name & Code of the courses from where revision is more than 20%	Name of the stakeholder from where the inputs have been received	Need/ rationale to justify the revision
1	Officiating and Coaching-I & BPES101	Nil	NA	As suggested by Students, Teachers & Alumni	Newly introduced programme
2	History and Foundation of Physical Education & BPES102				
3	Human values and Professional ethics in sports & BPES103				
4	Computer Applications & BPES104				
5	Basketball-I & BPES151				
6	Handball-I & BPES152				
7	Volleyball-I & BPES153				
8	Aerobics-I & BPES154				
9	Weightlifting-I & BPES155				
10	Basic Anatomy and Physiology & BPES201				
11	Officiating and Coaching-II & BPES202				
12	Yoga Science & BPES203				
13	English Communication & TGC202				
14	Cricket-I & BPES251				
15	Football-I & BPES252				
16	Hockey-I & BPES253				
17	Track & Field Jumping events & BPES254				
18	Kinesiology & Sports Biomechanics & BPES301				
19	Sports Psychology & BPES302				
20	Officiating and Coaching-III & BPES303				
21	Badminton-I & BPES351				
22	Squash-I & BPES352				
23	Table Tennis-I & BPES353				
24	Tennis-I & BPES354				
25	Kabaddi-I & BPES355				
26	Kho-Kho-I & BPES356				

27	Officiating and Coaching-IV & BPES401				
28	Health Education & BPES402				
29	Environmental Science (EVS) & BPES403				
30	Judo-I & BPES451				
31	Taekwondo-I & BPES452				
32	Wrestling-I & BPES453				
33	Boxing-I & BPES454				
24	Gymnastics -I & BPES455				
25	Yoga-I & BPES456				
26	Educational Tour -(Project-I) & BPES457				
27	Sports Training & BPES501				
28	Athlete's Care and Rehabilitation & BPES502				
29	Sports Management & BPES503				
30	Sports Journalism & BPES504				
31	Badminton-II & BPES551				
32	Squash -II & BPES552				
33	Table Tennis -II & BPES553				
34	Tennis -II & BPES554				
35	Judo-II & BPES555				
36	Taekwondo-II & BPES556				
37	Wrestling-II & BPES557				
38	Boxing-II & BPES558				
39	Track and Field: Running events & BPES559				
40	Soft Skills for Professional and Personal Success & TMG505				
41	Test & Measurement & BPES601				
42	Exercise Prescription & Therapeutic Exercise & BPES602				
43	Counseling in Sports & BPES603				
44	Sports Entrepreneurship & BPES604				
45	Basketball-II & BPES651				
46	Football -II & BPES652				
47	Volleyball-II & BPES653				
48	Handball-II & BPES654				
49	Cricket-II & BPES655				
50	Hockey-II & BPES656				
51	Kabaddi-II & BPES657				
52	Kho-Kho-II & BPES658				
53	Gymnastics-II & BPES659				
54	Yoga-II & BPES660				
55	Aerobics-II & BPES661				
56	Weightlifting-II & BPES662				
57	Track and Field: Throwing events & BPES663				
58	Empowering Soft Skills for Sports and Physical Education Excellence & TMG605				
59	Leadership Camp - (Project-II) & BPES664				

NA

As suggested by  
Students,  
Teachers &  
Alumni

Newly  
introduce  
d  
program  
me

**Resolution:** -The BOS members' unanimously approved the same and recommended for further process.

### 3. Introduction of Value Added courses

The Value Added courses for 2023-24 were presented to the BOS by the Chairperson.

**Table - 2**

Name of the College	TMIMT COLLEGE OF PHYSICAL EDUCATION		
Name of Value Added Course	Offered for which Semester(Odd\Even)	Duration (Min.-16 Hrs)	Mode of Delivery(Offline/Online )
Yoga trainer	Odd	20 Hrs	Offline
Yogic practices	Odd	20 Hrs	Offline
Yoga education	Even	20 Hrs	Offline
Kid's fitness trainer	Even	16 Hrs	Offline

### Resolution: -

The BOS members' unanimously approved the same and recommended for further process.

### 4. Open Elective Courses

The Chairperson presented the Open Elective Courses in front of the BOS.

**Table - 3**

Number of Courses	Program	Course code	Semester	Course Name	Year of offering	Attached in
02	BPES	BPES153	I	Volleyball-I	2023-24	Annexure-3.1
		BPES653	VI	Volleyball-II		Annexure-3.2

### Resolution: -

The BOS members' unanimously approved the same and recommended for further process.

### 5. Proposed list of external examiners

The Chairperson presented the proposed list of 10 examiners' names to the BOS for the academic semester 2023-2024.

**Table - 4**

Sr.No.	Proposed list of External Examiners
1.	<b>Name :</b> Dr. Sameer Kumar Yadav <b>Designation:</b> Assistant Professor <b>Affiliation:</b> Deemed University <b>Address:</b> Lakshmi Bai National Institute of Physical Education, Gwalior, MP <b>Contact Number:</b> +91 9463619819 <b>Mail ID:</b> annu1212@gmail.com <b>Experience ( in Years):</b> 10 years



2.	<p><b>Name :</b> Dr. Nitin Chaudhary  <b>Designation:</b> Assistant Professor  <b>Affiliation:</b> Raza Degree college Rampur (UP)  <b>Address:</b> Raza Degree college Rampur (UP)  <b>Contact Number:</b>+91 9368007594  <b>Mail ID.:</b> <a href="mailto:chaudhary.n@gmail.com">chaudhary.n@gmail.com</a>  <b>Experience ( in Years):</b> 13 years</p>
3.	<p><b>Name :</b> Dr. Abhishek Singh  <b>Designation:</b> Assistant professor  <b>Affiliation:</b> Banarash Hindu University, Varanasi (UP)  <b>Address:</b> Department of Physical Education,BHU, Varanasi (UP)  <b>Contact Number:</b>+91 9454713185  <b>Mail ID.:</b> <a href="mailto:abhishek.verma@bhu.ac.in">abhishek.verma@bhu.ac.in</a>  <b>Experience ( in Years):</b> 7 years</p>
4.	<p><b>Name:</b> Dr. Mohd. Tariq  <b>Designation:</b> Associate Professor  <b>Affiliation:</b> University of Lucknow, Lucknow (UP)  <b>Address:</b> Department of Physical Education,University, Lucknow (UP)  <b>Contact Number:</b>+91 9415785944  <b>Mail ID.:</b><a href="mailto:lu.phyicaleducation@gmail.com">lu.phyicaleducation@gmail.com</a>  <b>Experience ( in Years):</b></p>
5.	<p><b>Name :</b> Dr. BhanuPratap  <b>Designation:</b> Assistant professor  <b>Affiliation:</b> Lovely professional University, phagwada, Punjab  <b>Address:</b> Department of Physical Education,LPU, phagwada, Punjab  <b>Contact Number:</b>+91 7906454899  <b>Mail ID.:</b><a href="mailto:bhanu.27271@lpu.co.in">bhanu.27271@lpu.co.in</a>, <a href="mailto:dohil.bhanu@gmail.com">dohil.bhanu@gmail.com</a>  <b>Experience (in Years):</b></p>
6.	<p><b>Name:</b> Dr. Sneh Lata  <b>Designation:</b>Assistant Professor  <b>Affiliation:</b> TheMaharaja Bhupinder Singh Punjab Sports University, Patiala  <b>Address:</b> Department of Physical Education,TheMaharaja Bhupinder Singh Punjab Sports University,Patiala, Punjab  <b>Contact Number:</b>+91 9598734999  <b>Mail ID.:</b><a href="mailto:snehgndu@gmail.com">snehgndu@gmail.com</a>  <b>Experience ( in Years):</b> 10 years</p>
7.	<p><b>Name :</b> Dr. VaibhavRana  <b>Designation:</b> Assistant professor  <b>Affiliation:</b> Deemed University  <b>Address:</b> IIMT University, Ganga Nagar, Meerut (UP)  <b>Contact Number:</b>+919045905881  <b>Mail ID.:</b> <a href="mailto:hodphysicaleducation@iimtindia.net">hodphysicaleducation@iimtindia.net</a>  <b>Experience ( in Years):</b></p>
8.	<p><b>Name :</b> Dr. Mukesh Kumar Verma  <b>Designation:</b> Assistant professor  <b>Affiliation:</b> Dr. Ram Manohar Lohia University, Ayodhya  <b>Address:</b> Department of Physical Education, Institute of Physical Education, Sports &amp; Yogic Science, Dr. Ram ManoharLohiaUniversity, Ayodhya (UP)  <b>Contact Number:</b>+ 91 9452018827, + 91 7007853658  <b>Mail ID.:</b> <a href="mailto:mukeshverma@rmlau.ac.in">mukeshverma@rmlau.ac.in</a>  <b>Experience ( in Years):</b> 14<sup>th</sup> Years</p>

**Resolution:** -The BOS members' unanimously approved the listed examiners and recommended for further process.

**6. New courses related to Entrepreneurship, Innovation, Indian knowledge system and Interdisciplinary courses.**

The Entrepreneurship, Innovation, Indian knowledge system based courses and Interdisciplinary new courses were presented to the BOS by the Chairperson.

**Courses related to Entrepreneurship**

**Table - 5**

Number of Course	Programme	Course code	Semester	Course Name	Year of offering	Attached in
01	B.P.E.S.	BPES604	VI	Sports Entrepreneurship	2023	Annexure-5.1

**Courses related to Indian Knowledge system**

Number of Courses	Programme	Course code	Semester	Course Name	Year of offering	Highlighted Part	Attached in
10	B.P.E.S.	BPES102	I	History and Foundation of Physical Education	2023	Unit 2 & 3	Annexure-5.3
		BPES203	II	Yogic Science		Unit 2 & 3	Annexure-5.4
		BPES355	III	Kabaddi-I		Unit 1	Annexure-5.5
		BPES356	III	Kho-Kho-I		Unit 1	Annexure-5.6
		BPES453	IV	Wrestling-I		Unit 1	Annexure-5.7
		BPES456	IV	Yoga-I		Unit 1	Annexure-5.8
		BPES557	V	Wrestling-II		Unit 1	Annexure-5.9
		BPES657	VI	Kabaddi-II		Unit 1	Annexure-5.10
		BPES658	VI	Kho-Kho-II		Unit 1	Annexure-5.11
		BPES660	VI	Yoga-II		Unit 1	Annexure-5.12

### Interdisciplinary Courses

Number of Courses	Programme	Course code	Semester	Course Name	Year of offering	Attached in
08	B.P.E.S.	BPES104	I	Computer Applications	2023	Annexure-5.13
		BPES201	II	Basic Anatomy and Physiology		Annexure-5.14
		TGC202	II	English Communication		Annexure-5.15
			III	*Open Elective Course – I		Annexure-5.16
			IV	*Open Elective Course – II		Annexure-5.17
		BPES502	V	Athlete's Care and Rehabilitation		Annexure-5.18
		TMG505	V	Soft Skills for Professional and Personal Success		Annexure-5.19
		TMG605	VI	Empowering Soft Skills for Sports and Physical Education Excellence		Annexure-5.20

#### Resolution: -

The BOS members unanimously agreed that the courses linked to entrepreneurship, the Indian knowledge system, and entrepreneurship should move on.

#### 7. Discussion related to MOOCs

Dr. Yogendra Sharma apprise to BOS members that the students can select MOOC courses from the verified platform such as NPTEL, Swayam, Swaymprabha etc. but students have to take prior permission from the college authority and after the recommendations of the same students can register him/herself in MOOC courses. Some of the suggested courses are as follows:

- a. Stress Management ([https://onlinecourses.nptel.ac.in/noc23\\_hs138/preview](https://onlinecourses.nptel.ac.in/noc23_hs138/preview))
- b. Basics of Health Promotion and Education  
(Intervention[https://onlinecourses.nptel.ac.in/noc23\\_ge26/preview](https://onlinecourses.nptel.ac.in/noc23_ge26/preview))
- c. Educational Leadership ([https://onlinecourses.nptel.ac.in/noc23\\_hs143/preview](https://onlinecourses.nptel.ac.in/noc23_hs143/preview))
- d. The Science of Happiness and Wellbeing  
([https://onlinecourses.nptel.ac.in/noc23\\_hs158/preview](https://onlinecourses.nptel.ac.in/noc23_hs158/preview))

- e. Basics of Health Promotion and Education Intervention  
([https://onlinecourses.nptel.ac.in/noc23\\_ge26/preview](https://onlinecourses.nptel.ac.in/noc23_ge26/preview))
- f. Brief Introduction to Psychology  
([https://onlinecourses.nptel.ac.in/noc23\\_hs117/preview](https://onlinecourses.nptel.ac.in/noc23_hs117/preview))
- g. Entrepreneurship ([https://onlinecourses.nptel.ac.in/noc23\\_mg74/preview](https://onlinecourses.nptel.ac.in/noc23_mg74/preview))
- h. Entrepreneurship and IP Strategy  
([https://onlinecourses.nptel.ac.in/noc23\\_hs144/preview](https://onlinecourses.nptel.ac.in/noc23_hs144/preview))

**8. Psycho-motor Skills**

**i) Proposed for Bachelor of Physical Education (B.P.Ed.)**

**Table - 6**

<b>Roles</b>		
A. Teacher		
B. Sports officials		
<b>Specific Role</b>	<b>Unicode</b>	<b>Skill</b>
<b>A. Skills for Teachers</b>	BPED/TR/A1	AL. Coaching Lesson-plan preparation
	BPED/TR/A2	A2. Coaching Lesson-plan presentation
	BPED/TR/A3	A3. Preparation of Microsoft power-point presentation
	BPED/TR/A4	A4. Time-table preparation
	BPED/TR/AS	A5. Mass-demonstration lesson-plan. preparation
	BPED/TR/A6	A6. Mass-demonstration lesson-plan presentation
<b>B. Skills for sports officials</b>	BPED/SO/B1	B1. Officiating Lesson-plan preparation
	BPED/SO/B2	B2. Officiating Lesson-plan presentation



i) **Proposed for Master of Physical Education (M.P.Ed.)**

**Table - 7**

<b>Roles</b>		
A. Teacher		
B. Sports coaches & officials		
<b>Specific Role</b>	<b>Unicode</b>	<b>Skill</b>
<b>A. Skills for Teachers</b>	MPED/TR/A1	A1. Theory Lesson-plan preparation
	MPED/TR/A2	A2. Theory Lesson-plan presentation
	MPED/TR/A3	A3. Coaching Lesson-plan preparation
	MPED/TR/A4	A4. Coaching Lesson-plan presentation
	MPED/TR/A5	A5. Preparation of Microsoft power-point presentation
	MPED/TR/A6	A6. Time-table preparation
	MPED/TR/A7	A7. Mass-demonstration lesson-plan preparation
	MPED/TR/A8	A8. Mass-demonstration lesson-plan presentation
<b>B. Skills for sports officials</b>	MPED/SO/B1	B1. Officiating Lesson-plan preparation
	MPED/SO/B2	B2. Officiating Lesson-plan presentation

**Resolution: -**







The BOS members unanimously agreed that the above proposed psychomotor skills can be implemented from the session 2023-24.

**9. Ph.D. Entrance test Syllabus (TRAT examination syllabus)**

The Chairperson of the BOS proposed the updated version of the syllabus for TMU Research Aptitude Test. (attached as Annexure 08)

**Resolution: -**The BOS members' unanimously approved the same and recommended for further process.

The following members were present in the BOS meeting:

Sr. No.	Chairperson BOS	Signature
1	Prof. Manu Mishra, Principal TMIMT CPE	
<b>Internal Member</b>		
2	Dr. Madhusudan Chakraborty, Associate Professor	
<b>External Members</b>		
3	Prof. Vikram Dabas	
4	Dr. Amar Kumar Rai	Online.
<b>Internal Members</b>		
5	Mr. Unmesh Utthasani, Assistant Professor	
6	Dr. Yogendra Sharma, Assistant Professor	
<b>University Nominated Member</b>		
7	Prof. Rashmi Mahotra, Principal, College of Education, TMU	

After the end of the meeting the chairperson extended thanks to all.

**Minutes confirmed**

  
**Prof. Manu Mishra**  
**Chairperson-BOS**  
**TMIMT College of Physical Education**

#### List of Annexure with MOM

1. B.P.E.S. syllabus (Programme of Study & Evaluation Scheme).
2. List of Value added courses (table-2), open elective courses (table-3) with syllabus.
3. List of proposed external examiners name (table-4).
4. List of Entrepreneurship courses (table-5), innovation course, Indian knowledge system, Interdisciplinary (with syllabus).
5. List of Psychomotor Skills (Tables-6 & 7)
6. Attached Sheets Ph.D. Entrance test Syllabus

#### Copy to:

1. Dean Academics,
2. Chairperson BOF (With request to schedule BOF meeting for above approved agendas).